

# ISIS CRYSTALS

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Isis Crystals are five sided, with at least one termination face being five sided, which can be symmetrical or non-symmetrical. They are among the most powerful of crystals. Named after the Egyptian Goddess Isis, and also associated with the nurturing nature of the Mother Mary. They help to heal emotional distress, and help us to feel and show empathy for other peoples plights. {see [crystal-information.com](http://crystal-information.com)}

Though being of a generally feminine nature, they balance the male and female Self, and are useful to both sexes, creating balance and harmony. {see [soulfulcrystals.com](http://soulfulcrystals.com)}

Puts you in touch with feminine energy to trigger your inner strength, promoting self healing and growth. { see Serendipity Crystals}

The Crystal Bible says it is extremely helpful in healing everything broken; body, mind, emotions or spirit.

Crystal-information.com states “the four sides represent the elements Earth, Fire, Water and Wind with the fifth side representing Self.” Others refer to it as representing Aether (the fifth element). Wikipedia under Aether Theories states that Einstein’s General Theory of Relativity clearly says that Aether must exist or there would be no propagation of light or existence. Aether makes possible the electromagnetic property of Earth Aura, the vibration which gives all crystals their energy.